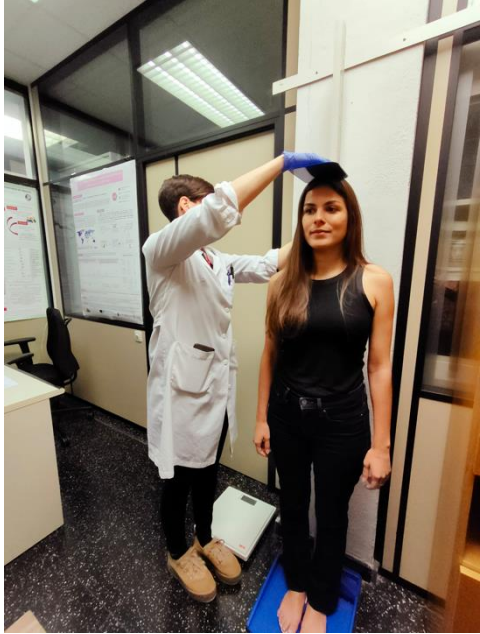


CLINICAL EXAMINATION – Spain

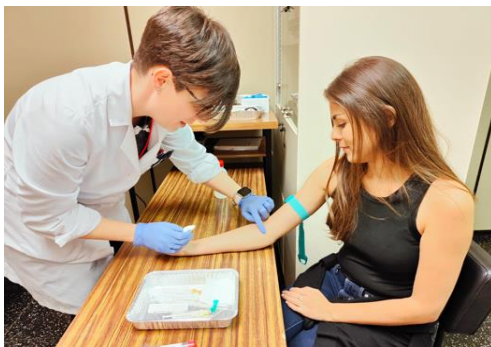
Anthropometric measurements



Blood pressure measurement



Blood sample



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Laboratory procedures



Dietary instructions



The visits take place in rooms of the School of Health Sciences at the University of Navarra (Spain).

Medical history, clinical examination and anthropometric measurements are performed by nurses. Instructions regarding the dietary intervention (dietary records and FFQ) and the use of MyCap are explained by the nutritionists.